

FROM THE VAULT: The Enneagram & Decision-Making

Decision-Making by Enneagram Type

Type One: The Improver

Decision Style: Uses gut instinct first, then quickly evaluates using logic and principles.

Primary Question: What is the most ethical and principle driven decision?

Challenge: Overanalyzing and delaying decisions in pursuit of perfection.

Tip: Trust your initial instinct, and don't let the pursuit of perfection stall progress.

Type Two: The Helper

Decision Style: Considers the emotional impact on others before deciding.

Primary Question: How will this decision affect those around me?

Challenge: Avoiding difficult decisions to prevent hurting others.

Tip: Strive for clarity in decision-making while maintaining compassion.

Type Three: The Performer

Decision Style: Weighs pros and cons efficiently, then moves quickly to action.

Primary Question: What's the most efficient and success-oriented decision?

Challenge: Overlooking the relational impact in the pursuit of goals.

Tip: Ensure efficiency doesn't come at the cost of team morale and trust.

Type Four: The Individualist

Decision Style: Relies heavily on intuition and emotions.

Primary Question: Which decision aligns most with my values and personal identity?

Challenge: Taking too long to decide or lacking logical justification.

Tip: Balance intuition with logical analysis to create well-rounded decisions.

Type Five: The Investigator

Decision Style: Researches and analyzes all available data before acting.

Primary Question: What do the facts and data suggest as the best course?

Challenge: Over-researching and delaying action due to a need for certainty.

Tip: Consult your gut and emotions alongside data for a holistic decision.

Type Six: The Loyalist

Decision Style: Carefully considers all possible risks and scenarios.

Primary Question: Which decision minimizes risk and maximizes security?

Challenge: Overthinking and becoming paralyzed by fear of worst-case scenarios.

Tip: Seek input from trusted advisors to avoid unnecessary hesitation.

Type Seven: The Enthusiast

Decision Style: Generates multiple options, prioritizing excitement and opportunity.

Primary Question: Which decision brings the most potential for fun and adventure?

Challenge: Impulsiveness and lack of follow-through.

Tip: Slow down and gather necessary details before committing to a decision.

Type Eight: The Challenger

Decision Style: Makes fast, decisive, and bold choices.

Primary Question: Which decision keeps momentum and control?

Challenge: Overlooking the emotional impact on others.

Tip: Take time to consider the downstream effects of decisions on relationships.

Type Nine: The Peacemaker

Decision Style: Seeks consensus and input from others before deciding.

Primary Question: Which decision will maintain harmony and avoid conflict?

Challenge: Avoiding decisions altogether or being overly influenced by others.

Tip: Learn to assert personal opinions and make decisive choices when necessary.

*****Remember to surround yourself with people who offer different perspectives to help create balanced decisions.**