

## FROM THE VAULT: Self-Leadership, Part 1

## SELF-LEADERSHIP IS YOUR PRIMARY RESPONSIBILITY AS A LEADER.

Leadership begins every morning in the mirror. When you can get the person in the mirror straightened out, pretty much everything else follows.

To be a leader worth following you must lead yourself well. While it's not essential to have yourself together to be a boss, people won't want to be like you if you are a mess. They will do what's asked of them because they have to, but that doesn't mean they respect you personally as a leader.



To **gain respect,** you must do more than simply teach something well – you need to **model** it well. Whether someone wants to be like you has far less to do with what you say than how you lead yourself.

## **EXCEPTIONAL SELF-LEADERSHIP IS THE KEY TO:**



Be someone who seeks influence over authority. Influence will take you further with your team than authority. People rarely open up to the influence of someone they don't respect. So, grow in self-leadership and become someone people respect rather than someone they submit to.



When a key leader gets taken out of a position or they get burned out, it's generally a personal issue, not a talent or skill issue. Self-leadership is not just an add-on component of leadership, it is an essential practice that creates leaders who last.