

FROM THE VAULT: Self-Leadership, Part 2

THREE DECISIONS FOR EXCEPTIONAL SELF-LEADERSHIP

1

I WILL NOT LIE TO MYSELF EVEN WHEN THE TRUTH MAKES ME FEEL BAD ABOUT MYSELF

Exceptional self-leadership requires brutal honesty with ourselves. If we can't be honest with ourselves, we're never going to move past the things that hold us back.

2

I WILL PRIORITIZE WHAT I VALUE MOST OVER WHAT I WANT NOW

Self-leadership is similar to organizational leadership—both move toward a goal. Exceptional self-leaders lead toward what they value most. They hold the tension of immediate vs. ultimate because what we want now is rarely what we value most.

3

I WILL NOT ATTEMPT TO LEAD MYSELF BY MYSELF

Self-leadership does not imply leading by yourself. Your friends determine the direction and quality of your life, so it is important to surround yourself with people who not only share your interests, but more importantly, share your values.